

DAY OF PRAYER & FASTING

Digital Guide

MORNING: Wake up our hearts

Begin with 2 minutes of silence and meditation

Individual: Father, as I wake up, there are many things my heart is prone to give all of my attention to besides you. But I know my greatest need is to have all of me turn towards you. You have created this new day. You have caused the sun to rise, and it is up to you if night will come. There is nothing that you are not in control. My greatest need is to know you, be with you, and to be like you. Please, save me from myself, and my tendency to wander away from you. Let me live in and experience your very real presence today. Indwelling Holy Spirit, fill me. I need to walk by you and to be led by you. I entrust myself to you, today. I pray all of this in the name of Jesus. Amen.

Read and meditate on psalm 46, 91, 121

Corporate: Father, not just individually, but together we need you our gaze to be fixed on you. Although, there are so many other concerns that tempt to divert our attention away from you. So, please help us. We know you love us and pursue us better than we could ever pursue you. We also know that we are better pursuing you together than apart. Therefore, we pray against anything that has or could cause division among us. Give your people the unity we so desperately need. We love you and want to glorify you, oh God.

MIDDAY:

Begin with 2 minutes of silence

Individual: Father, although by grace through faith I am a new creation, I don't always live that way. I am often enticed and give into unholy thoughts, desires, and temptations that lead to sinful actions that go against your good will. All my sinfulness is rooted in doubt and unbelief that you are good and that your will is best for me and others. I need to repent, to turn away from that unbelief and I ask, Father, that you help me with my unbelief and doubt. Please change my desires. Lead me to righteousness, lead me to you.

Read and meditate on Joel 2:12-13, 2 Chronicles 7:14, Romans 2:1-4

Assurance: You can be sure that nothing can separate those in Christ Jesus from the love of God. He is the author and perfecter of our faith. In him, we have the assurance of forgiveness and salvation. No evil or darkness committed by you or anyone else is great enough to thwart the plans of God. His ways always prevail. Continue to bear fruit by keeping with repentance. You are forgiven, cleansed, and set free by the blood of Jesus Christ poured out for you. Now, walk in the newness of life by putting off the old and putting on the new.

Corporate: Father, not only do we have individual sin, we have sin that we commit together as your body of believers. As a community we tend to be shortsighted. We lose sight of the mission you have called us to. We are meant to embody the good news of Jesus in both word and deed, but we grow apathetic and lose our passion. We repent of the ways we doubt you, Father. We repent of our apathy and lethargy. We repent of not taking advantage of every opportunity that arises to share the good news of who you are.

EVENING:

Begin with 2 minutes of silence

Individual: Father, you are my redeemer and healer of all things! You have the power to heal all broken things, both physical and emotional. There are several areas in my life I sense a need for healing...

List areas of emotional, relational and physical healing for yourself and others you know and love. I also have a great need for spiritual renewal in my personal walk with you, Lord. I'm not sure what that will look like, but you do. Please give me a clear vision for my life with you, and how I need to proceed. Give me a renewed love for prayer, your word, and other spiritual disciplines that will change and transform me into the likeness of Christ Jesus.

Write down any words, phrases, or anything you believe God is calling you to as you pray for this. Share them with one or two people.

Read and meditate on Habakkuk 3:2, John 3:30, Ephesians 5:13-18

Corporate: Father, bring healing to our land! Relieve us of this virus, COVID-19 (Coronavirus). Bring complete physical healing to all those in our region. Heal those who have lost loved ones due to this virus. Also, and most importantly, reveal yourself to people in this time. Save those who are lost and far from you. Revive our desire to be used as instruments in your hands to lead others to Jesus. Let us see and hear more testimonies of how you are changing everything, Jesus. May churches be vibrant, united and faithful to you. May our homes be centered on you. May we love our neighbors. We want to share our stories and the gospel where we live, work, learn and play. Be exalted. Be raised and lifted high. You have our attention, affection and devotion. May every tongue confess and every knee bow before you as Lord and King of the universe. Amen and amen!